

Get Up. Stand Up. Work Healthier...

Hausmann Ergo Sit-Stand Desktop



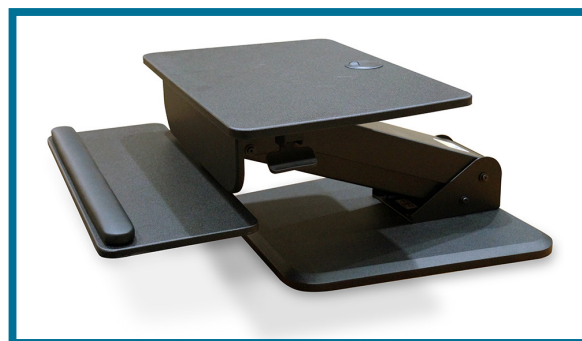
health benefits

Benefits of changing your posture at work/school, regularly:

- Improved mood – lowered stress
- Less fatigue, more energy
- Increases heart rate when standing
- Better attention span – students don't fidget as much – less boredom
- Fosters more team collaborations
- Standing leads to more movement than sitting
- Sitting for prolonged periods can increase your chance of Obesity, Type 2 Diabetes, and Cardiovascular Disease
- Standing too long can over stress your back
- It is a good ergonomic practice to change positions and can lead to better work posture

Images above: Model # R-1001 (white)

Image below: Model # R-1000 (black)



features:

- Available in black or white
- Support for desktop PC or laptop
- Integral cable management
- Grommet in monitor platform
- Comfortable, gel, wrist rest mounted on keyboard tray
- Keyboard tray lowers to rest on tabletop (for sitting)
- Gas spring assist for effortless adjustment
- Extremely stable at all positions

specifications:

- Weight capacity of laptop, keyboard & monitor should not exceed 28.6 lbs.
- Product shipping weight is 43 lbs.
- Monitor or laptop platform size is 24"W x 16"D
- Keyboard platform size is 24"W x 9"D
- 16.5" height adjustability
- Gas spring mechanism warranted for two years or 5,000 cycles
- Shipped via UPS, assembly required



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